

Mobility Questionnaire:

Does Your Pet Show Signs of Pain?

Pet's Name _____ Owner's Name _____

Breed _____ Age _____ Weight _____ lbs

1- In general, how do you rate your pet's health?

Excellent Very Good Good Fair Poor

2- Has your pet ever seen a veterinarian because of joint pain, stiffness, or limping?

No Yes Details: _____

3- Has your pet's appetite or thirst changed?

No Yes Details: _____

4- Does your pet have pain, swelling, or stiffness?

Never Very Rarely Yes

Details: _____

5- Living in pain can lead to changes in behavior, which can be hard to read in a pet.

On average, would you say your pet [CHOOSE ONE]

Is completely uninterested in its surroundings; sleeps all the time?

Will show interest, but no longer comes to greet you?

Is mostly interested in life and food, but reluctant to play?

Plays only when encouraged and not for long?

Has had no change in personality?

6- Has your pet's activity level changed? If so, select ALL that apply:

Seeks more affection than usual Reluctant to move Becomes restless

Has difficulty getting up from a laying position Lies very still Shows trembling

Shows circling Repetitively gets up and lies down Other

7- Does your pet favor one side of its body more than the other?

No Yes Details: _____

8- Has your pet become protective of itself? If so, Select ALL that apply:

- Protects hurt body part Doesn't put weight on a particular leg Hides
- Doesn't want to be picked up or held Limp

9- Did your pet's signs begin slowly or suddenly?

- Slowly, over the course of a few months Suddenly, within days or a few weeks

10- In the morning, are the affected areas stiff for more than half an hour?

- No Yes There is no morning stiffness

11- Does your pet have trouble in areas where it never used to need assistance?

- Cannot manage any steps without help Cannot get into the vehicle without help
- Can only manage a few steps alone, then needs help Cannot jump onto furniture without help
- Manages a full flight of steps, but has difficulty Has No problem jumping
- Can only go upstairs without help Has No problem on stairs
- Can only go downstairs without help

11- How long can your pet walk without getting tired, limping, or stopping?

- Less than 5 minutes 10 – 20 minutes More than 30 minutes
- Does not show signs until finished walking and rests for a while (will stiffen up)

12- Has your pet had a joint/bone injury or surgery?

- No Yes Details: _____

13- Which of the following methods do you use to manage your pet's pain, swelling, or stiffness?

[Check ALL that apply]

- Physical Activity/Exercise Nutritional Supplements Weight Management
- Cold or Heat Treatment Medication None of the above
- Physical Rehabilitation/Chiropractive/Massage Laser Therapy
- Other _____

14- Which medication and/or joint supplements do you currently give your pet? [Check ALL that apply]

- Prescription medication from veterinarian: _____
- Over-the-counter medication: _____
- Aspirin: _____
- Glucosamine human medication (Brand): _____
- Veterinary joint supplement (Brand): _____
- Herbal supplement (Brand): _____
- Other: _____
- None

15- Does your pet have any of the following conditions? [Check ALL that apply]

- Kidney disease Liver disease Lung disease
- Cardiovascular disease Skin disease Active infection
- Bladder problems Other _____

16- Is there anything else we should know about your pet?
